

anacrusis (god.notes)



Today, we are going to talk about what an anacrusis is and what it does. Just in case you were wondering, anacrusis is not the name of a city in Southern California. An anacrusis is a pick-up note. There are instances in music and poetry when, to complete or start a musical phrase, it is essential to begin before the downbeat. [Wikipedia](#) also reminds us that "a piece of music beginning with an anacrusis will also end before the last beat of the last bar, in order to keep the number of bars in the entire piece at a whole number."

Joshua 1:8 NLT says "Study this Book of the Law continually. Meditate on it day and night so you may be sure to obey all that is written in it. Only then will you succeed."

God's word says that we should start and end with His instruction every day, and all the times in between. We should "pick-up" each day with the Father and also have Him to balance out the other side.

Some questions for you today:

1. How do I "lead into" my day?
2. What is or about whom am I thinking in the morning and evening?
3. How does God create balance in my life?
4. What do I need to get rid and have God lead off my life?

*Dear God*, may you be my first thought and my last thought each and every day. May you be the "pick-up" in my life that sets the tone for the rest of my day. *Amen*